



Working with Trauma

The Role of the Supervisor

A two day training with Lynda Osborne and Miriam Taylor

16th and 17th July 2021, 9.30-5.00, Oxford

This workshop will address the importance of recognising and working safely with trauma in its obvious and more hidden presentations. For the supervisor this can be a process that requires self-support and knowledge. In these two days we will focus on a relational model of supervision and consider the implications for good practice in trauma work. The work will recognise both limitations and resources for supervisor, supervisee and client and the importance of context.

Suitable for counsellors, psychotherapists and coaches with a supervision training. The workshop will not cover the theory underlying trauma – background reading will be available before the course.

Fees: Two day workshop £235 early bird (before end of April) £250 thereafter.

Bookings contact miriamt@relationalchange.org

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Dr Lynda Osborne: DPsych, BA (Hons), MA, MSc (Gestalt Psychotherapy), Cert Ed, Dip GPTI, TSM (GPTI), EAGT Accred. ECP, UKCP Registered Psychotherapist, MBACP (Snr Accred). Lynda is a psychotherapist and supervisor with a private practice in Farnham, Surrey. She has a background in education and has been a counselling and psychotherapy trainer since 1987. Lynda has considerable experience of couples work and is also an international trainer. Email: lynda.osborne@metanoia.ac.uk



Miriam Taylor is a British Gestalt psychotherapist (UKCP registered), supervisor and international trainer who has been in private practice since 1995. Her background was in adult education before training as a counsellor and psychotherapist. Miriam's particular interest is in the integration of trauma and the role of the body from a wide relational field perspective. Publications include 'Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body' 2014, and several peer reviewed and invited articles. Her second book 'Deepening Trauma Practice' is due out in mid-2021.