



People Like Us: Poverty, Social Class and Trauma

A conversation between **Darren McGarvey** and **Miriam Taylor**
Friday 17th January 2025, 4.00 – 6.00pm GMT, online

Increasing inequality and the rise of trauma are both markers of our time. We all have experienced the signs of traumatic rupture that can exist between social classes, both in the UK and elsewhere.

From a relational perspective, the roots of trauma lie not in individuals and their lifestyles but in the social conditions of their lives. And so, how we make sense of the links between poverty, social class and trauma will be the starting point for this conversation between two writers from different backgrounds.

Is it inevitable that the enduring and cumulative stress of poverty leads to traumatic reactions? What is it like for people from working class backgrounds to access services that are shaped by a paradigm that derives from privilege? These issues and more will be moderated by Ed Fellows in what should be a thought-provoking webinar.

This session is aimed primarily for mental health practitioners and others in the helping/coaching professions.

Cost: £30 standard fee, £20 trainees, free for unwaged.

Bookings: Please follow this link for booking information:
<https://www.eventbrite.co.uk/o/relational-change-9571178522>

All bookings will include 3 months on demand replay access if you can't attend the event live.

SPEAKERS:



Darren McGarvey is a writer, columnist and hip hop recording artist, who has made regular media appearances as a social commentator. Darren grew up in Pollok on the south side of Glasgow, and has lived through extreme poverty, addiction and homelessness. His first book “Poverty Safari” was published in 2017, and was an instant bestseller and critical hit, making the Sunday Times top ten bestseller lists and receiving plaudits from national newspapers and magazines. He won the prestigious ‘Orwell Book Prize’ in 2018. Darren’s latest book “The Social Distance Between Us” was published in 2022, serialised on BBC Radio 4 and led to him giving a prestigious “Reith Lecture” in November 22 on the “Freedom From Want”. He was recently inducted as Fellow of the Royal Society of Literature which deemed his books on social inequality to be of 'outstanding literary merit'. Darren’s current campaign is ‘Trauma-Industrial-Complex’, and he is writing a book about trauma in contemporary culture.



Miriam Taylor is a partly retired Gestalt therapist, trainer and writer. Her early education was in the private sector and she experienced years of profound abuse in her childhood. Specialising in trauma work, she has written two groundbreaking books, the first now in its second edition. She has gone on to teach trauma in many countries and to present at conferences. Her plenary presentation at the 2018 IAAGT conference in Toronto was titled ‘In the Face of Trauma’ and in 2019 she delivered a keynote speech on ‘The Context of Trauma’ at the PACFA conference in Sydney. She is interested in the intersections of trauma and social justice, and the relational implications of them. She is on the leadership team of Relational Change.