

Shame & Supervision

A Workshop for the Continued Development of Supervisors

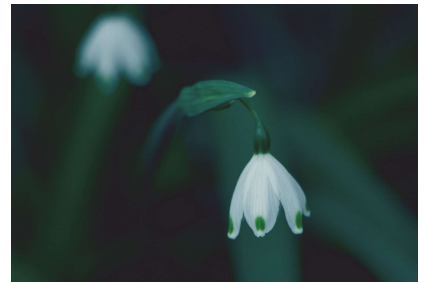
DOUGLAS SHARP

4 & 11 June 2025 – 8:30-11:30am

This workshop will run over two mornings on successive weeks.

The objective of this interactive online training is to support supervisors with awareness to identify shame, develop tools to address, and mitigate the impact of shame in/on supervisees and the supervisory relationship.

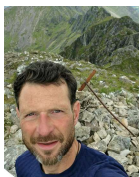
- The first session will focus on understanding shame, its manifestations in supervision situation, and how we identify it in supervisees.
- The second session covers creating a safe supervisory space, addressing shame directly and indirectly, and self-care for supervisors.



VENUE: ONLINE

COST: £250

TUTOR



DOUGLAS SHARP, BSc Psychology, MSW, BACP registered Psychotherapist and Supervisor

Douglas is a professionally registered Gestalt psychotherapist and supervisor and manages an independent psychotherapy practice. He brings experience from 25 years in social work practice and education in Edinburgh and the University of Dundee. Douglas is working towards qualification with EAGT as an organisational practitioner (GPO). He is committed to awareness-based learning and development in all fields of life.

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